70g Brot

50g Mehl

70 g Bre

BOg Mohl

18.7. the church, 25.71, 1913. 25.71, his cinschi, 21. 7. 1915.

AUSTRIAN BREAD CARD, GOOD FOR ONE WELK

490. Brot

Nicht übertraghar! Sorgfältig authowahre: Nacüdruck verboten

THE COLUMN OF SQUARES ON THE LEFT

1470g Brot

Verkauf gur nach Gowlobt ge gan Variegung der Ausweiskar und Abtronnung eines entepr Enenden Abrohnittes zulässi

Nicht übertragber!

## What One Year Of War Has Done To Food Prices In Europe To Food Prices In Europe To Food Prices In Europe Tog Meht Ausweis Ausweis Ausweis Sog Meht Sog Meht

People of the Nations at War Feel the Pinch Keenly — An Increase of 10 Per Cent in Germany — Austrian Food Values Have Doubled. Horseflesh as Meat in Demand in Austria — Sample Menus. Strange to State, Belgians Are Now Better Fed and at Less Cost Than Any Race in Europe — Food Values in France Have Increased One-Third and Are Still Rising—Italy Shoulders an Inflated 15 Per Cent Advance—Russia Confidence from the thought. It tends to magnify the impressions he already has gained from an eager perusal of maps and official communiques depicting the advance of his soldiers. And perhaps that is why the German commissary often purchases vegetables from other sections of the empire at the very time when produce from captured territory is being sent back to the cities.

The cost of food has increased at least 10 per cent in Germany, but that does not signify that a good, substantial meal cannot be purchased for a reasonable outlay as compared with our prices. As an instance, consider this table d'hote menu, taken from a Berlin restaurant in July, with values converted to American standard:

of strife as compared to normal is so great that all people of the belligerent nations are feeling the pinch—and feeling it keenly.

In Germany the cost of food has increased 10 per cent, despite the valiant exertions of government officials to exertions of government officials to maintain an equilibrium by utilizing every available square foot of foreign territory taken by the kaiser's forces. Germany's system of reclamation is practically perfect. Within a few hours after an advance into the enemy's country as great number of soldiers are definitions in Austria remains to be seen. great number of soldiers are detailed to farm the captured territory. To watch them is an unusual sight. In the distance rises the smoke of cannon; split by exploding shells; but back be-



A HALF MILLION HUNGRY Russian Prisoners COMPLICATE AUSTRIAS
FOOD PROBLEM.

Vegetable soup	\$0.08
Roast beef or veal	
Potatoes	00
Lettuce salad	10
Creamed turnips	05
Beer or Rhine wine	03
Cottage pudding	
War bread and butter	00
Total	
Germany's principal ally, ho	wever,

At present, however, Austrian food values have doubled. And, in addition, the sale of meat is positively forbid-



THE PATRIOTIC PRENCH VOMEN STRIVE TO LOWER PRICES BY ASSISTING ON THE PARMS

	for diffiner today.	
	Lentil soup	\$0.12
	Roast veal	.35
ě	Spinach	.11
	Potatoes	.08
	Lettuce salad	.10
	Beer	.08
ë	War bread and butter	.02
ä		

PRITES TASSISTING ON THE DEPTIS

The power of each week, with the prospect of e

as serenely as can be expected in a country at war.

In fact, it is difficult to understand why the cost of food should have advanced even 15 per cent, and after a close study of the situation, one is led to believe that the increase is inflated

Today one may obtain an excellent meal any place in Italy for about 66

70g Bret

BO & Moh

70 g Mast

SOL MIN

70g Bret

50g Meh

70g Bret

50g Min

70g Brot

50g Kah

70g Brot

50g Mahi

50g Mehl

702 Brot

SO g Mahl

BOZ Mehl

meal any place in Italy for about 60 cents.

The cost of food in Russia had increased 20 per cent as late as July last. With the German-Austrian drive into her territory values undoubtedly will be affected; but by how much it will be difficult to determine for some time. The greatest difficulty confronting Russia today is the feeding of her peasantry. The soldiers fare well enough, but the impoverished natives in the outlying districts are suffering beyond our conception.

A group of Russian prisoners in Austria were questioned as to their commissary department. They were free and unreserved in their praise.

"Our army is well fed," they asserted, "But we cannot help thinking of our poor families. Even before the war, we suffered for the necessities. Meat was a luxury enjoyed only once each week. ed. And now, with only women to till our soil, and the government calling for more and more produce for the sol-diers, it is difficult to understand how

our people can escape starvation."
Petrograd always has been known for its high cost of living, and today, with the added war cost, one finds even the table necessities quoted about 50 per cent higher than the prices charged in New York city. However, the Russians are treating the situation sensibly, and, instead of complaining, are curtailing their purchases and ex-erting every effort to encourage the farmers to produce capacity crops.

In many sections of the country the newspapers have offered prizes for bumper yields from stipulated acreage. and the harvest this season, like the harvest in Austria-Hungary, promises to be the most bountiful in a genera-

harvest in Austria. Hungry, plomes to be the most bountiful in a generation.

It is a long jump from Russia to England, and the contrast is quite as impressive. In a word, England is unchanged. The average English breakfast of today is as good as the average dinner in any other country at war. The Englishman has much for which to be thankful. He suffers the annoyance of an air raid occasionally, and several times the German fleet has visited his shores for a few minutes; but, aside from that, he experiences few of the hardships of war. One who has just made the journey from Petrograd to London, via Berlin, Vienna, Bern and Paris, is astounded by the enormous prosperity evidenced on every hand in the English capital. Entire fronts of stores are blocked by great slabs of fresh meat; vegetables of every description are stacked or barreled behind counters; sea food can be had almost for the asking; and fruit, juncy, wholesome fruit, can be obtained for a song

On every hand people are well fed and well clothed. No evidences of actual poverty can be, detected, even in the slums of the cities. London, Liverpool, Manchester-all one continuous round of pleasurable enjoyment of the

good things of life.
While gazing at the appetizing display of food the traveler's mind uncon-

## Woman Has Fought Food Adulterators and Misbranders for Fifteen Years

Miss Anne Lewis Pierce, M. S., Assistant to Dr. Harvey W. Wiley, Has Always Been in the Thick of the Fight Against Food Sharps-Her Suggestions to Fat and Thin Women-What She Thinks of Certain Kinds of Patent Medicines-Cheap Candies for Children—Her Opinion of "Beauty Preparations."



infringe the law. In other words, they obey the letter, but not the spirit of the law."

Miss Pierce emphasized the fact that it is not only adults who are the victims of food adulterators. Children are also enshared. They are the principal consumers of cheap candies, and it is in cheap confectionery that many varieties of adulterants are to be found.

"The principal adulterants to be feared in confections have been sulphites, used especially in bleaching molasses, saccharin used to replace sugar, metallic substances and shellac containing a gloss, especially to the cheap, penny candies, artificial, poisonous colors, and the substitution of glucose may be used almost en
"Glucose may be used almost en
"In the background.

In the background.

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In the background in the background.

Well aboratory, and if you ask Dr.

Wiley sable assistant about them she to safeguard the public gasinst fraud and adulteration in foodatuffs, she loy-ally said.

Sefunda a pard wide, I am but a private in the background in the

BUSSIAN CHILDREN